



Eye on Safety | First Aid

If a coworker or loved one gets hurt, do you know how to respond?

When you understand first aid, **you gain the ability to help those in need.** Through first aid certification classes you can learn how to respond to specific situations, which will help you care for people in crisis as they wait for medical professionals to arrive.

The Secretary's Office of Safety offers the American Red Cross First Aid, CPR and AED certification at no expense to the employee. We offer in person training classes as well as a hybrid online/in person class.

Contact deshaun.bailey@ky.gov or Steve.hilton@ky.gov to set up a class or to sign up for the hybrid class.



In addition to available courses, the Secretary's Office of Safety has made a great effort to ensure automated external defibrillators (AEDs) are located in a large number of our facilities across the state. Our goal is to have them in each and every facility KYTC employees occupy.

An AED is used to help those experiencing sudden cardiac arrest. It's a sophisticated, yet **easy-to-use**, medical device that can analyze the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm.

To find the location of the closest AED to you, please contact your Safety Coordinator. Employees in Frankfort can contact deshaun.bailey@ky.gov.