Explore Kentucky's Trail Towns

Getting away from it all doesn't have to mean being in the middle of nowhere. Kentucky's Trail Towns put you near the best outdoor action in the state including hundreds of miles of trails for runners, hikers, cyclists, ORVs, equestrians & paddlers.

- Dawson Springs
  - Pennyrile State Forest
  - Pennyrile Forest State Resort Park
  - Tradewater River
  - Jones-Keeney Wildlife Management Area
  - Lake Beshear
- Livingston
  - Daniel Boone National Forest
  - Shelhouse Trace National Recreation Trail
  - Rockcastle River
- Monehead
  - Daniel Boone National Forest
  - Shelhouse Trace National Recreation Trail
  - Licking River
  - Cave Run Lake
  - Eagle Lake
- Olive Hill
  - Carter Caves State Resort Park
  - Tygart's State Forest
  - Tygart's Creek
- London
  - Daniel Boone National Forest
  - Shelhouse Trace National Recreation Trail
  - Levi Jackson State Park
  - Rockcastle River
  - Laurel River
  - Laurel River Lake
  - London Laurel County Cycling Routes
  - Wildcat Mountain ATV Park
- Stearns
  - Big South Fork National River & Recreation Area
  - Daniel Boone National Forest
- Shelhouse Trace National Recreation Trail
- Elkhorn City
  - Breaks Interstate Park
  - Pine Mountain State Scenic Trail (Great Eastern Trail)
  - Russell Fork River
  - Levisa Fork Big Sandy River
- Evarts
  - Black Mountain Off-Road Adventure Area
  - Cumberland River
- Jamestown
  - Lake Cumberland State Resort Park
  - Wolf Creek National Fish Hatchery
  - Cumberland River
  - Lake Cumberland
- Greensburg
  - Green River Paddle Trail
- Manchester
  - Daniel Boone National Forest
  - Shelhouse Trace Trail
  - Beech Creek Wildlife Management Area
  - Bert T. Combs Lake
  - Goose Creek
  - Swinging Bridge cycling route
- Mumfordville
  - Green River
  - Mammoth Cave National Park
- McKee
  - Daniel Boone National Forest
  - Shelhouse Trace National Recreation Trail
  - US Bike Route 76
  - 5 Tree ATV Park
- Royalton
  - Dawkins Line Rail Trail
- Carrollton
  - General Butler State Resort Park
  - Kentucky River
- Frankfort
  - Kentucky River
  - Capitol View Park
  - Elkhorn Creek
- Columbia
  - Russell Creek
  - Green River
- Berea
  - Boone's Trace
  - US Bike Route 76
  - Indian Fort Mountain Trail & Pinnacles at Berea College Forest
- Cumberland, Lynch & Benham
  - Pine Mountain State Scenic Trail (Great Eastern Trail)
  - Kingdom Come State Park

KENTUCKY TRAIL TOWN

Kentucky UNBRIDLED SPIRIT

OFFICIAL HIGHWAY MAP

For information visit www.Kentucky.gov or www.Transportation.Ky.gov

0 10 20 30 40

Approximate Scale in Miles

MAP LEGEND

CONTROLLED ACCESS HIGHWAYS
- Multilane Divided
- Multilane Divided
- Interstate
- Access Fully or Partially Controlled Parkway or Highway

OTHER HIGHWAYS
- Multilane Divided
- Multilane Divided
- State Primary
- State Secondary
- Rural Highway

INTERSTATE & PARKWAY SYMBOLS
- Full Access Overall Mileage Points
- Partial Access Overall Mileage Points
- Partial Access Interchange
- Partial Access Mileage

HIGHWAY INFORMATION
- Interstate
- US, State Highway
- Welcome Center Rest Area
- Vehicle Enforcement Post (with Truck Rest Haven)
- Kentucky Scenic Byways www.transportation.ky.gov/scenic-programs
- America's Byways www.fhwa.dot.gov/byways
- U.S. Bike Route 76 www.transportation.ky.gov/Bike-Walk

SYMBOLS
- State Resort Park
- State Park, Rail Trail
- National or State Historic Site
- Wildlife Management Area Fish Hatchery
- Civil War Point of Interest www.kentuckytourism.com/history_civil_war
- State Police Post
- College or University
- Riverport Authority Terminal
- Air Carrier, Municipal or County Airport
- Active Railroad
- Time Zone

- National Parks and Recreation Areas
- National and State Forests
- U. S. Military Reservation
- Map Inset Enlargement Areas (See opposite side for city inset maps)

CITIES AND TOWNS BY POPULATION

County Seat
- Covington — over 20,000
- Berea — 5,000 to 20,000
- Cloverport — 1,000 to 5,000
- Threeforks — 100 to 1,000
- Ivy — under 100

Frankfort, State Capital

MILEAGE CHART

Mileage shown does not always represent the shortest route

| | ASHLAND | BARDSTOWN | BARREN RIVER S.R.P. | BEREA | BLUE LICKS BATTLEFIELD S.R.P. | BOWLING GREEN | BUCKHORN LAKE S.R.P. | CARTER CAVES S.R.P. | CORBIN | COVINGTON / NEWPORT | CUMBERLAND FALLS S.R.P. | DALE HOLLOW LAKE S.R.P. | DANVILLE | ELIZABETHTOWN | FRANKFORT | FULTON | GENERAL BUTLER S.R.P. | GLASGOW | GREENBO LAKE S.R.P. | HARLAN | HARRODSBURG | HAZARD | HENDERSON | HODGENVILLE | HOPKINSVILLE | JACKSON | KENLAKE S.R.P. | KY. DAM VILLAGE S.R.P. | LAKE BARKLEY S.R.P. | LAKE CUMBERLAND S.R.P. | LEXINGTON | LONDON | LOUISVILLE | MADISONVILLE | MAMMOTH CAVE N.P. | MAYSVILLE | MIDDLESBORO | MOREHEAD | MURRAY | NATURAL BRIDGE S.R.P. | OWENSBORO | PADUCAH | PAINTSVILLE | PENNYRILE FOREST S.P. | PIKEVILLE | PINE MOUNTAIN S.R.P. | PRESTONSBURG | RICHMOND | ROUGH RIVER DAM S.R.P. | SOMERSET |
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